

*Flying Egg New*

## **KING PRAWN WAFFLES**



**Baked King Prawn & mozzarella, prawn truffle meringue,  
baked granny smith on savoury waffles  
with creamy sauce 18**

*Summer Holiday Pick*

## **FRENCH TOAST**

**Brioche grilled banana, crunch maple walnut,  
canadian maple syrup, seasonal berries  
with chef's cream cheese whipped vanilla cream 18**

# DINE IN

## BREAKFAST Till 11am



Toasted Bread 2 slices 4.5

Spread 1 choice : butter, strawberry jam, peanut butter, vegemite, orange marmalade 1 slice 3

White sourdough, Multigrain sourdough, Raisin, Turkish bread, gf 2



### Deluxe Bacon & Egg Turkish Roll

12

Bacon, two free range eggs, hash brown, tasty cheese, caramelized onion, tomato relish

Vegetarian Omelette(v) Spinach, mushroom, eggs, tomato, feta

16

Baked Omelette Eye bacon, eggs, mushroom, mozzarella with sourdough

16

### Classic Benedict

with double bacon Poached free range eggs, wilted baby spinach, petite seeds on sourdough with hollandaise

18

with smoked salmon

Poached eggs, smoked salmon, rocket, baby capers on sourdough with hollandaise

20

### Veggie Fritters Mushroom(v)

18

Zucchini, sweet corn, pea, capsicum, feta, shallot fritters with mushroom, free range poached eggs, beetroot hummus

Free Range Eggs on Toast Choice of Eggs : scrambled, poached, sunny-side up

8.5

### Additions

Hash brown 2 Tomato 2 Hollandaise 2 Feta 3 Egg 3 Baked bean 3 Bacon 3 Avocado 3 Halloumi 3 Spinach 3  
Mushroom 4 Chorizo 5 Smoked salmon 6

### Flying Egg Breakfast Special Deal

12

Free range fried eggs, grilled tomato, crispy bacon sourdough



# BRUSCHETTA All Day

## Avocado Feta Tomato

Avocado, feta, cherry tomato, mint on sourdough+ Poached egg 3



12



## Mushroom Kale Ricotta

Grilled Mushroom, fresh ricotta, grilled kale + Poached egg 3

12

## Smoked Salmon Avocado

Smoked salmon, Philadelphia cream cheese, baby caper  
chef's red onion pickle, avocado+ Poached egg 3



13

## Acai Fruit(v) 16.5

Coconut water, banana & coconut flakes, chia seeds, organic granola,  
berries & nuts +peanut butter 1.5



## Steel cut porridge Caramelized Banana 14

Steel cut oat, blueberries, sunflower seed, pumpkin seed,  
honey, cinnamon





# LUNCH



## Grilled Salmon Bowl 22

Lentil, barley, quinoa, avocado, pickled cabbage, red radish, kale, furikake



## Roast Pumpkin Beetroot(v) 16

+ Grilled chicken 4

Roasted pumpkin, beetroot, avocado, (fetta), mixed lettuce, toasted nuts, cranberries with Italian dressing



## Greenest Benefit

## Grilled Chicken 20

Fajita marinated grilled chicken, poached baby broccoli, green beans, avocado, asparagus, basil pesto with lime



## Marinara Seafood Pasta 17

Mixed seafood marinara fresh liguni



## Three Mushroom Risotto Grilled Chicken 19

Three different mushrooms, grilled baby broccoli, mushroom chip creamy risotto

*Flying Egg summer special*

# HEALTHY SALAD

## POKE BOWL 18

Quinoa multigrain base with

Red radish, cucumber, edamame, carrot, red onion pickle, avocado, red cabbage pickle, alfafa

### Choose protein

Maple balsamic Tofu

Marinated sashimi salmon +2

Sweet soy sauce wagyu beef +2

### choose sauce

Wasabi mayo / Chilli mayo

Creamy bacon / Sweet soy sauce



## TOFU CAULIFLOWER BOWL 17



Roasted cauliflower, fried tofu, crunch lotus root, roasted sweet corn & green pea, mixed salad with creamy citron dressing

# GOURMET BURGER



## Wagyu Cheese Burger with free range egg

16

Homemade 200g lean beef patty, tasty cheese, fresh tomato, tasty cheese, caramelized onion, free range egg, crispy bacon, lettuce with chef's smoky creamy bbq sauce

## Portuguese Chicken Burger

avocado, lettuce, mozzarella, basil pesto

15



## Angus scotch filet Steak Burger

caramelised onion lettuce double cheese aioli & whole seed mustard



18



## Halloumi Eggplant Burger(v)

15

Grilled halloumi, mushroom, eggplant, tomato, basil pesto, rocket with whole grain mustard mayo

Combo addition Chips 3 Sweetpotato 4

Fries Premium 7mm chips(S)6(L)8 Sweetpotato chips (+sweetchilli&sourcream)8



## Seasonal Soup 13 served with bread

Ask the staff



# FLYING EGG SPECIAL

**PORK LOIN AROUND PORK KRANSKY SAUSAGE  
“ALL MEAT !! “**



**PORK SCHNITZEL HOT DOG 8.9**

**PORK SCHNITZEL HOT DOG & CHIPS 10.9**

**PORK SCHNITZEL HOT DOG & CHIPS & CAN COKE 12.9**

Choose sauce: bbq, tomato, honey whole seeds mustard

